



20th Anniversary Edition

2006 → 2026

A Journey of Impact:

20 Years in Review

Introduction

Credit Valley Family Health Team (CVFHT) has made continued progress to provide timely access to comprehensive, high-quality primary care to more than 17,000 patients across the Mississauga area over the 2025-2026 fiscal year.

Our Team

Our team strives to provide the best possible care using an interprofessional approach to expand our reach and meet the needs of our rapidly growing community.



Currently, our multidisciplinary team includes:

13

Physicians

20

Residents

17

Administrative staff

31

Clinicians, including Registered Nurses, Nurse Practitioners, Social Workers, Pharmacists and other health care professionals.

Our Impact

13,262

As of March 31, 2026, we provided care to 13,262 enrolled patients, which included 1,980 francophone patients, over the course of the year.

4,000+

We provided care to 4000+ non-enrolled patients, which includes 1,887 patients who were served through our various Inter-Professional Care Teams. We also hosted **140+ webinars and informative workshops.**

Our team has continued working on our **2025-2030 Strategic Plan**, which envisions the future of primary care in Mississauga and beyond. Our plan is built on **four main pillars**: grow to meet the changing needs of our community, build a connected systems of care with our partners, optimize our operations for exemplary service and develop and learn.

Vision: Partnering to provide excellent primary care

Mission: Shaping the future of primary care through education and high-quality collaborative care

So far, we have increased our partnerships with 150 primary care physicians through our IPCT program, strengthened our existing partnerships with CSCMonAvenir and LAMP, implemented new technology such as AI Scribe, have developed new programs for our Medicine Residency Program, and more.



20 Years of Growth and Excellence



Credit Valley Family Health Team has been shaped by a shared commitment to exceptional patient care, education, and community - a vision brought to life by its founders and carried forward by future generations of physicians.

When Dr. David Clarkson helped found the organization 20 years ago, his vision was simple: **to preserve the knowledge and experience of seasoned family physicians by passing it on to the next generation.** As one of Mississauga's first Family Health Teams, it grew from a small group of three physicians and four residents into a collaborative centre that now includes physicians, nurses, pharmacists, social workers, and learners. For Dr. Clarkson, its greatest success has been seeing generations of family medicine residents develop into skilled, compassionate physicians who continue to serve their communities today.

As one of the three founding physicians, Dr. Christine Pereira has witnessed that transformation firsthand. **“When our first mini group has graduated, it hit home what a privilege it was to be their teachers”** she recalls. For Dr. Gihane Zarifa, the mission was clear from the beginning: **“provide excellent patient care while delivering exceptional education in a community setting.”**

That legacy continues through physicians like Dr. Kimberley Kent, a former resident who became a clinician, educator, and leader inspired by her mentors, guided by the belief to **“Dream big. Anything is possible.”**

Together, their stories reflect a lasting tradition of mentorship, learning, and community care that continues to grow while staying true to its founding values.

Dr. David Clarkson



*Dr. Gihane Zarifa and
Dr. Christine Pereira*



Our Achievements

The passion, dedication and expertise of our team members continued to support the health of patients across our region with timely, comprehensive care.



Highlights of our team's remarkable care over the past 20 years include:

- Educated and mentored **more than 190 resident** doctors since our inception.
- Partnered with several organizations such as LAMP, Entete 3 and CSCMonAvenir, as well as PCHS – Punjabi Community Health Services, Dixie Bloor Neighbourhood Centre, Nucleus Independent Living, Parkway Social Services, Newcomer Centre of Peel to better support our community across Peel Region and GTA.
- Expanded services across two sites, adding a Francophone site (2011), IPCT suite (2019, +11 staff), and a recent expansion with +8 staff.
- We initiated a Nurse-Led Prescribing Program, which increased patient's access to timely care, and improved timeliness of contraceptive and other prescriptions within the nursing extended scope.
- Established a bilingual clinic to improve health equity for Francophone residents in Peel-Halton, and have provided over a decade of dedicated French-language primary care services.
- Our MINT Memory Clinic was established in 2020 and has supported **over 75 unique enrolled patients** living with memory challenges, including dementia and cognitive impairment.



Featuring: **Connie Day** (Left), our Associate VP of Medical Administration at Credit Valley Hospital (2002-2010) and founding team member, **Louise Smith** (Right), our first Executive Director (2006-2013), and **Dr. Paul Philbrook** (Right), Chief of Family Medicine at Credit Valley Hospital (2006-2013) who facilitated our inception.





Building Our Future Primary Care Capacity

As we celebrate 20 years of serving our community, we are proud to continue growing to meet the evolving healthcare needs of our patients. With our Primary Care Expansion beginning last year, we have welcomed 8 new full-time team members and took on additional space, increasing our capacity to provide accessible, high-quality care.

To date, this growth has enabled us to take over 1,652 new patients, helping more individuals and families connect with the primary care services they need. Looking ahead, we remain committed to strengthening access, enhancing patient care, and building a healthier community for years to come.

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